

January 3, 1995 Capital newspaper

HEALTHY HEARTS



The Annapolis Striders recently donated \$6,000 to support the Cardiac Rehabilitation Program at Anne Arundel Medical Center. The contribution is from proceeds from the racing group's 10-mile run in the summer. Dr. Rodney Brimhall, right, the hospital's medical director of cardiac rehabilitation, accepts the donation from Susan Briers, the race director.

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HELP FOR THE HEART

Matthew A. Mico, left, president of the Annapolis Striders, presents a check for \$5,000 to Dr. L. Kofi Essandoh, chairman of the board of directors of the American Heart Association's Anne Arundel County Division. This represents partial proceeds from the Annapolis 10-Mile Run held in August, in which 4,000 runners participated. The money will be used for teachers and education supervisors at a health professionals conference in memory of Alan Stuart Katoof.



By J. Henison — The Capital